CLEAR LIQUIDS
INCLUDE:

* Fruit juice WITHOUT pulp (apple, white grape, lemonade)
* Water
* Broth or boullion
* Coffee or tea WITHOUT cream OR non dairy creamer

* Any of the following that are NOT COLORED RED OR PURPLE:
  - Carbonated and non carbonated soft drinks (7-Up, Sprite etc.)
  - Gatorade or other fruit flavored drinks
  - Jello (NO added fruit or toppings)
  - Ice popsicles

If you have any question, please feel free to call us at 925-901-1303. Our office hours are: Monday thru Friday 9:00 am to noon and 2:00 pm to 5:00 pm.

GUIDE TO PRODUCTS CONTAINING ASPIRIN AND ASPIRIN-LIKE PRODUCTS
(DO NOT TAKE THESE PRODUCTS FOR 10 DAYS PRIOR TO PROCEDURE)

AND

GUIDE TO CLEAR LIQUID DIET
The following list may be used as a guide for use when your physician tells you to avoid Aspirin, Aspirin-like compounds, Ibuprofen, Naproxen Sodium, and/or Naproxen. **NOTE:** This may not be a complete list. Other products may also contain Aspirin, Aspirin-like compounds, Ibuprofen, Naproxen Sodium, and/or Naproxen. Occasionally products may be reformulated to add/remove Aspirin, Aspirin-like compounds, Ibuprofen, Naproxen Sodium, and/or Naproxen. This list was compiled in 1/2005. You may wish to consult your Pharmacist to determine if medications you currently take contain Aspirin, Aspirin-like compounds, Ibuprofen, Naproxen Sodium, and/or Naproxen.

**PRODUCTS CONTAINING ASPIRIN AND/OR ASPIRIN-LIKE COMPOUNDS:**

- Advil
- Aleve
- Alka Seltzer - Antacid pain reliever effervescent tablets
- Alka Seltzer Cold Medicine
- Anacin
- Athralgen
- Arthrotec
- ASA Tablet Enseals
- Ascriptin
- Ascriptin Extra Strength
- Aspercreme
- Asperbuf
- Aspergum
- Axotal
- Bayer Aspirin - tablets and time release tablets
- BC Tablet & Powder
- Buff-A Comp #3 With Codiene
- Buffaprin
- Bufferin
- Buffets II
- Buf-tabs
- Cama Arthritis Pain Reliever
- Darvon Compound 65
- Dasin
- Daypro
- Dino1
- Doans Pills
- Duoprin's Syrup
- Duadynne
- Duralosal
- Dynosal
- Easprin
- Ecotrin
- Efficin
- Empirin
- Etozil
- Equagesic
- Excedrin
- Fiorinal
- Fenoprofen
- Four Way Cold Tablets
- Gaysa-S
- Gemisin
- Goody's Headache Powder
- Halfprin
- Ibuprofen
- Indomethacin
- Indocin
- Indo–Lemmon Capsules
- Lanorinal
- Lodine
- Magan
- Magsal
- Marnal
- Measurin
- Meclomen
- Meclomenate
- Medipren

- Mefenamic Acid
- Methocarbamol with Aspirin
- Micrarin
- Midol
- Mobidin
- Mobigesic Analgesic Tablets
- Mono-Gesic
- Nalfon
- Naprosyn
- Naproxen
- Neocylate
- Norgesic and Norgesic Forte Tabs
- Norwich
- Nuprin
- Orudis
- Os-Cal Gesic
- Pablate SF
- PAC Analgesic Tablets
- Plavix
- Pepto Bismol
- Percodan
- Persistin
- Propoxyphene Compound 65
- Piroxicam (Feldene)
- Robaxisal
- Rufen
- S-A-C Tablets
- Salflex
- Sine-Off
- Soma
- SK-65 Compound
- St. Joseph
- Stanback Tablets & Powder
- Supac Synalgos
- Synlagoes

*No alcohol, including beer and wine, 2 days prior to your procedure and day of your procedure.*