
DATE OF PROCEDURE

ARRIVAL TIME

TIME OF
PROCEDURE

**DIRECTIONS: NOTHING TO EAT
OR DRINK AFTER Midnight**

SAN RAMON HOSPITAL PROCEDURE

You will need to arrive in Admitting 1/2
hour prior to your procedure to register.

**6001 Norris Canyon Road,
San Ramon, CA 94583
(925) 275-8261**

- Take **680 S** to the **Crow Canyon Road** Exit.
- Exit **Left** onto **Crow Canyon Rd.**
- Go **East (Right)** at **Alcosta** (4 stop lights).
- Turn **Left** onto **Norris Canyon Road.(1ST light).**
- Go straight up hill and hospital will be to your left.

If you have any question, please feel free to call us at 925-901-1303. Our office hours are: Monday thru Friday 9:00 am to noon and 2:00 pm to 5:00 pm.

**CAPSULE CAM
ENDOSCOPY**

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CAPSULE CAM ENDOSCOPY:

A capsule endoscopy enables your doctor to examine the three portions (duodenum, jejunum, ileum) of your small intestine. Your doctor will use a vitamin-pill sized video capsule as an endoscope, which has its own camera and light source. While the video capsule travels through your body, images are sent to a data recorder you will wear on a waist belt. Most patients consider the test comfortable. Afterward, your doctor will view the images on a video monitor.

WHY IS CAPSULE CAM ENDOSCOPY PERFORMED?

Capsule cam endoscopy helps your doctor determine the cause for recurrent or persistent symptoms such as abdominal pain, diarrhea, bleeding or anemia, in most cases where other diagnostic procedures failed to determine the reason for your symptoms. In certain chronic gastrointestinal diseases, the method can help to evaluate the extent to which your small intestine is involved or to monitor the effect of therapeutics. Your doctor might use capsule endoscopy to obtain motility data such as gastric or small bowel passage time.

HOW SHOULD I PREPARE FOR THE PROCEDURE?

You will receive preparation instructions the day before the examination. An empty stomach allows optimal viewing conditions, so you should have nothing to eat or drink, including water, for approximately ten hours before the examination. Your doctor

will tell you when to start fasting. Tell your doctor in advance about any medications you take; you might need to adjust your usual dose for the examination. Tell your doctor of the presence of a pacemaker, previous abdominal surgery, swallowing problems, or previous history of obstructions in the bowel.

WHAT CAN I EXPECT DURING CAPSULE CAM ENDOSCOPY?

Your doctor will prepare you for the examination by applying a sensor array to your abdomen with adhesive sleeves. The capsule endoscope is ingested and passes naturally through your digestive tract while transmitting video images to a data recorder worn on a belt for approximately eight hours. You will be able to eat after four hours following the capsule ingestion unless your doctor instructs you otherwise.

WHAT HAPPENS AFTER CAPSULE CAM ENDOSCOPY?

At the end of the procedure, you will need to return to the hospital to return the data recorder and sensor array. The images acquired during your exam will be downloaded to a workstation for physician review. After ingesting the capsule and until it is excreted, you should not have a Magnetic Resonance Imaging (MRI) examination or be near an MRI device.

HOW DOES THE CAPSULE GET ELIMINATED AND WILL I FEEL IT COME OUT?

The capsule is disposable and passes naturally with your bowel movement. You should not feel any pain or discomfort during capsule excretion.

WHAT ARE THE POSSIBLE COMPLICATIONS OF THE CAPSULE CAM ENDOSCOPY?

Although complications may occur, they are rare when doctors who are specially trained and experienced in this procedure perform the test. A potential risk could be retention of the capsule. It is important for you to recognize early signs of possible complications. If you have a fever after the test, trouble swallowing, or increasing chest or abdominal pain, tell your doctor immediately.