

CLEAR LIQUIDS
INCLUDE:

- * Fruit juice **WITHOUT** pulp (apple, white grape, lemonade)
- * Water
- * Broth or boullion
- * Coffee or tea **WITHOUT** cream **OR** non dairy creamer

- * Any of the following that are **NOT COLORED RED OR PURPLE:**
 - Carbonated and non carbonated soft drinks (7-Up, Sprite etc.)
 - Gatoradeor other fruit flavored drinks
 - Jello (**NO** added fruit or toppings)
 - Ice popsicles

If you have any question, please feel free to call us at 925-901-1303. Our office hours are: Monday thru Friday 9:00 am to noon and 2:00 pm to 5:00 pm.

GUIDE TO PRODUCTS CONTAINING ASPIRIN AND ASPIRIN-LIKE PRODUCTS

(DO NOT TAKE THESE PRODUCTS FOR 10 DAYS PRIOR TO PROCEDURE)

AND

GUIDE TO CLEAR LIQUID DIET

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The following list may be used as a guide for use when your physician tells you to avoid Aspirin, Aspirin-like compounds, Ibuprofen, Naproxen Sodium, and/or Naproxen. **NOTE:** This may not be a complete list. Other products may also contain Aspirin, Aspirin-like compounds, Ibuprofen, Naproxen Sodium, and/or Naproxen. Occasionally products may be reformulated to add/remove Aspirin, Aspirin-like compounds, Ibuprofen, Naproxen Sodium, and/or Naproxen. This list was compiled in 1/2005. You may wish to consult your Pharmacist to determine if medications you currently take contain Aspirin, Aspirin-like compounds, Ibuprofen, Naproxen Sodium, and/or Naproxen.

**PRODUCTS CONTAINING ASPIRIN
AND/OR ASPIRIN-LIKE COMPOUNDS:**

Advil
Aleve
Alka Seltzer - Antacid pain reliever effervescent tablets
Alka Seltzer Cold Medicine
Anacin
Athralgen
Arthrotec
ASA Tablet Enseals
Ascriptin
Ascriptin Extra Strength
Aspercreme
Asperbuf
Aspergum
Axotal
Bayer Aspirin - tablets and time release tablets
BC Tablet & Powder
Buff-A Comp #3 With Codiene
Buffaprin
Bufferin

Buffets II
Buf-tabs
Cama Arthritis Pain Reliever
Darvon Compound 65
Dasin
Daypro
Dinol
Doans Pills
Duoprin's Syrup
Duadyne
Durasal
Dynosal
Easprin
Ecotrin
Efficin
Empirin
Etodolac
Equagesic
Excederin
Fiorinal
Fenoprofen
Four Way Cold Tablets
Gaysa-S
Gemisin
Goody's Headache Powder
Halfprin
Ibuprofen
Indomethacin
Indocin
Indo-Lemmon Capsules
Lanorinal
Lodine
Magan
Magsal
Marnal
Measurin
Meclomen
Meclofenamate
Medipren

Mefenamic Acid
Methocarbamol with Aspirin
Micrainin
Midol
Mobidin
Mobigesic Analgesic Tablets
Mono-Gesic
Nalfon
Naprosyn
Naproxen
Neocylate
Norgesic and Norgesic Forte Tabs
Norwich
Nuprin
Orudis
Os-Cal Gesic
Pablate SF
PAC Analgesic Tablets
Plavix
Pepto Bismol
Percodan
Persistin
Propoxyphene Compound 65
Piroxicam (Feldene)
Robaxisal
Rufen
S-A-C Tablets
Salflex
Sine-Off
Soma
SK-65 Compound
St. Joseph
Stanback Tablets & Powder
Supac Synalgos
Synlagos

*No alcohol, including beer and wine, 2 days prior to your procedure and day of your procedure.